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# Age and Gender Detection Using Deep Learning

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**Abstract:** Facial attributes are crucial in numerous applications such as access control and video surveillance, where demographic data like age and gender can be inferred from facial images. Automatic estimation of age and gender enables tailored content delivery and personalized services. However, extracting effective features from facial images poses a significant challenge. This paper proposes employing Convolutional Neural Networks (CNNs) for automatic age and gender prediction. CNNs have demonstrated ground-breaking success in face recognition and image classification tasks. Leveraging pre-trained deep CNNs, this research aims to estimate age and gender accurately from facial images. The methodology involves utilizing convolution layers to produce a robust and compact output, enhancing the efficiency of age and gender detection systems.

## I. INTRODUCTION

Age and gender prediction have become one of the more recognized fields in deep learning because of the rise in picture uploads on the internet in today's data-driven environment. Although humans are naturally skilled at identifying one another, figuring out gender, and assessing ethnicity, age assessment is nevertheless a challenging task. To underscore the complexity of the issue, consider this: The most used statistic for assessing an individual's age prediction is mean absolute error (MAE). According to research, depending on the database settings, people can estimate the age of an individual over 15 with an MAE 7.2–7.4. This indicates that human forecasts are often wrong by 7.2–7.4 years. The question is, can we do better?[1] Can we automate this problem in a bid to reduce human dependency and simultaneously obtain better results? For these reasons, persons of comparable ages might appear substantially different from one another. Because of this, estimating age is fundamentally a difficult undertaking. This issue is further exacerbated by the non-linear relationship between age and gender and face appearance, as well as the extreme lack of big, balanced datasets with accurate labelling.[13] There are very few such datasets available; the majority are severely skewed, with a large proportion of participants in the 20–75 age range, or they are gender-biased.[14] It is not advisable to use such biased datasets since testing on real-time pictures will result in a distribution mismatch and subpar performance. There is an enormous amount of untapped potential in this field of research. The enormous potential that autonomous age and gender prediction offers in a variety of computer science domains, including HCI



Fig. 1. Face Dataset

(Human Computer Interaction), has led to an ever-growing interest in this area. Law enforcement, security management, and forensics are a few possible uses. Using these models with IoT is another useful use.[1] A restaurant may decide to alter its theme, for instance, by calculating the average age or gender of patrons who have come in thus far.

## II. PROCEDURE

### A. Deep Learning

An artificial intelligence (AI) method called deep learning aims to mimic the human brain by learning from experience. These representations are learned through a technique called training. We must first train the program with a huge number of object photos that we classify into various groups to teach it how to recognize objects. Deep learning-based algorithms take longer to train than conventional machine learning techniques and need a lot more training data. It takes a lot of effort and complexity to identify distinctive features while attempting to identify any item or letter on a picture. Deep learning techniques, which automatically extract significant characteristics from data, can be used to solve issues, in contrast to classical machine learning, where features are collected manually.

Deep learning is the use of numerous hidden layers in a neural network. Once a picture has been taught throughout the network, they can proceed to construct more complex ideas from simpler ones. An image may be taught in the network to understand objects like characters, faces, and so forth by incorporating basic features like form, edges, and corners. Each layer receives a basic attribute as the picture moves across them, progressing to the next one. The network may potentially learn more complicated characteristics as the layers get bigger and combine them to identify the image. Deep learning has found many applications in the field of computer vision. The most significant computer vision applications were found in the fields dealing with face data.

### B. Convolutional Neural Networks

Convolutional neural networks (CNNs) are a popular type of machine learning algorithm used for image processing and recognition. They excel at categorizing images by taking them as input and processing them with a given dataset. Comprised of fully connected layers responsible for classifying images after extracting features. CNN utilizes a blend of both supervised and unsupervised learning methods, specifically through a multilayer feed-forward architecture. These distinctive stages consist of numerous layers, each with their own designated functions and objectives. The Convolution layer is a crucial element of the CNN algorithm, responsible for most of its computations. It takes in key components such as the input image, filter, and feature map. For example, when given a human face image as input, the Convolution layer processes its 3D matrix of RGB pixels, defining the image's length, width, and height. Within each layer, we establish filter and stride matrices to aid in the crucial process of feature extraction.

The filter serves as a feature detector, taking on a 2-dimensional form and capable of a variety of sizes, such as a 3 by 3 matrix. This filter acts as a compact representation of numbers, which we use with the input data to pinpoint specific features. The stride dictates how far the filter will move in each direction. The stride value is crucial in determining the size of the output image matrix. A larger stride, such as 4 or 5, will result in a smaller output matrix and potential loss of information and vice versa.

After passing the input image through the convolutional layer, ReLU activation function is applied elementwise to the feature maps produced by the convolutional layer in CNN. Applying ReLU introduces non-linearity to the network and allows it to learn complex patterns and representations in the data. It helps in capturing and amplifying important features while suppressing irrelevant or negative values. Then it is passed through the pooling layer where down sampling of the feature maps happens for faster computation.

The concept of Transfer Learning is application of the knowledge learned by one model to be applied to another. It is used when there is a dearth of suitable learning data. Deep neural network can be trained with previously saved model weights using transfer learning on large datasets. Therefore, a pre-trained model can be improved using large-scale deep transfer learning and limited data.

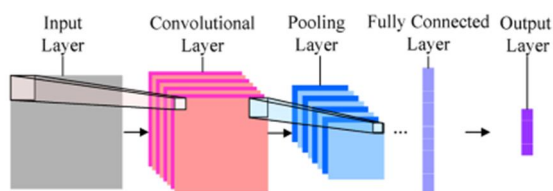


Fig. 2. Layers of Convolutional Neural Network

The UTK Face dataset is a very small dataset to capture the complexity involved in age and gender estimation, so we focused our attention further on leveraging transfer learning.[13] Therefore, we are using convolutional blocks of VGG16 pretrained on VGG Face and ResNet50 pre-trained on VGG Face2, as feature extractors.[14] These models are originally proposed for facial recognition, thus can be used for higher level of feature extraction.



VGG Face is composed of two blocks, each containing layers for batch normalization, spatial dropout with a probability of 0.5, separable convo- lutions layers with 312 filters of size 3x3, maintaining the same padding, and max pooling with kernel size 2x2. The ResNet50 gender consists of only the fully connected system with batch norm, dropout with probability of 0.5, and 128 units with exponential linear unit (ELU) activation. The fully connected system was composed of batch normalization layers, alpha dropout, and 128 neurons with ReLU activation.

The two convolution blocks that make up the VGG face for age estimation are separated by a separable convolution layer that has 312 filters of size 3x3, padding the same so that the dimension remains constant with the ReLU activation function, a batch norm layer, and spatial dropout with keep probabilities of 0.8 and 0.6, respectively. After every con- volution block, a 2x2 kernel max pooling was performed. The three layers of the fully linked system included 648, 312, and 128 neurons each, and their corresponding dropout keep probabilities were 0.2, 0.2, and 1.

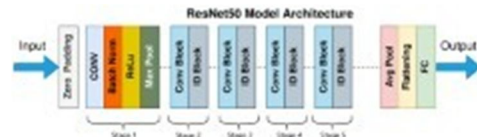


Fig. 3. ResNet50 Model Architecture

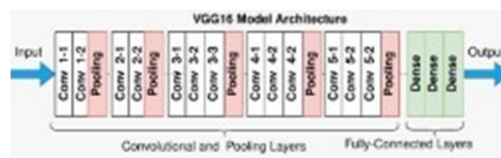


Fig. 4. VGG16 Model Architecture

TABLE I  
Network Architecture for Age Estimation

Layer	Filters	Output Size	Kernel Size	Activation
Image	-	180 x 180 x 3	-	-
Separable Conv1	64	180 x 180 x 64	3 x 3	ReLU
Max Pooling	-	90 x 90 x 64	2 x 2	-
Separable Conv2	128	90 x 90 x 128	3 x 3	ReLU
Max Pooling	-	45 x 45 x 128	2 x 2	-
Separable Conv3	128	45 x 45 x 128	3 x 3	ReLU
Max Pooling	-	22 x 22 x 128	2 x 2	-
Separable Conv4	256	22 x 22 x 128	3 x 3	ReLU
Max Pooling	-	11 x 11 x 256	2 x 2	-
Separable Conv5	256	11 x 11 x 256	3 x 3	ReLU
Max Pooling	-	5 x 5 x 256	2 x 2	-
FC1	-	128	-	ReLU
FC2	-	64	-	ReLU
FC3	-	32	-	ReLU
Output	-	1	-	ReLU

### III. RESULT

We conducted experiments on Age and gender Recognition, utilizing a Convo- lutional Neural Network (CNN) as our primary algorithm. The CNN underwent training and testing using a dataset com- posed of Human faces images with age and gender mentioned. The following are the pivotal elements of our experiments and the resulting outcomes:

- 1) *Database:* Our dataset is rich and diverse, encompassing a wide range of faces. It includes multiple types of face, varying with age and gen- der, and a range of perspectives. To prepare and assess our CNN model, the dataset was split into separate training and testing sets.

- 2) **Model Architecture:** Our team developed a cutting-edge CNN architecture specifically tailored for the purpose of recognizing age and gender. This intricate design comprises several essential components, including convolutional layers, pooling layers, and fully connected layers. To perfect our model, we meticulously fine-tuned important hyperparameters such as the number of layers, filter sizes, and the size of the fully connected layers. This ensured optimal performance and accuracy for our revolutionary Age and Gender detection system.
- 3) **Training:** The training process was a vital component, as it entailed inputting the training dataset into the CNN model. Through this, the model was able to acquire the ability to accurately distinguish and categorize age and gender based on the visual data provided. Our approach involved carefully selecting suitable loss functions and optimization algorithms, fine-tuning the model's inner workings (weight and biases) to effectively reduce any classification errors.
- 4) **Evaluation:** Once the training was complete, we proceeded to assess the model's performance by testing it with a dataset that it had not previously encountered. This step was essential in determining the model's ability to handle unfamiliar data. The evaluation process involved using various metrics such as accuracy, precision, recall, and F1-score, providing a comprehensive measure of the model's performance.

A confusion matrix provides insight into the model's performance, errors, and weaknesses. It breaks down the number of correct and incorrect predictions by each class, and can be used to calculate metrics such as:

- Accuracy: The proportion of predictions that the model classified correctly
- Precision: The proportion of relevant instances among the retrieved instances
- Recall: The proportion of the total amount of relevant instances that were retrieved

```
Original Gender: Female Original Age: 16
1/1 [*****] - 0s 108ms/step
Predicted Gender: Female Predicted Age: 15
```



Fig. 5. Output Result 1

```
Original Gender: Male Original Age: 38
1/1 [*****] - 0s 41ms/step
Predicted Gender: Male Predicted Age: 36
```



Fig. 6. Output Result 2

$$\text{Accuracy} = \frac{tp + tn}{tp + fp + fn + tn}$$

$$\text{Sensitivity} = \frac{tp}{tp + fn}$$

$$\text{Specificity} = \frac{tn}{fp + tn}$$

$$\text{Precision} = \frac{tp}{tp + fp}$$

$$\text{F1 - score} = \frac{2 \cdot tp}{2 \cdot tp + fp + fn}$$

The symbols fp, fn, tp, and tn refer to abbreviations of false positive, false negative, true positive and true negative respectively.

		Actual Values	
		Positive (1)	Negative (0)
Predicted Values	Positive (1)	TP	FP
	Negative (0)	FN	TN

Fig. 7. Confusion Matrix

#### IV. CONCLUSIONS

**Training Accuracy:** The CNN demonstrated exceptional learning ability by achieving a training accuracy of 95.75%, showcasing its prowess on the provided dataset.

**Test Accuracy:** The test accuracy, a crucial measure of how well the model can perform on unfamiliar data, boasted an impressive score of 88.60%. Such a high level of accuracy showcases the model’s exceptional capability in identifying age and gender in real-life situations. Moving forward, our goal is to enhance the system’s capabilities by expanding the range of classes for age and gender and improving the quality of the images. As is typical in machine learning studies, improving model quality is a critical and time-consuming process which is achieved by training the deep learning model with huge number of human face images.



Fig. 8. Accuracy Graph

TABLE II  
MINIMUM LOSS VALUE

Age Classification		Gender Classification	
Train	Validation	Train	Validation
0.165	0.374	0.194	0.238

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