



iJRASET

International Journal For Research in
Applied Science and Engineering Technology



INTERNATIONAL JOURNAL FOR RESEARCH

IN APPLIED SCIENCE & ENGINEERING TECHNOLOGY

Volume: 13 Issue: III Month of publication: March 2025

DOI: <https://doi.org/10.22214/ijraset.2025.67395>

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Swastha App

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Abstract: *The growing integration of mobile technology in healthcare offers a promising solution to improve service accessibility and efficiency. This paper presents the Swastha App, a mobile application that combines five key healthcare services: medical store access, doctor appointment scheduling, blood bank integration, chatbot assistance and secure QR-based login[1]. The app aims to provide users with a unified platform to manage their healthcare needs, simplifying processes such as ordering medications, booking consultations, and accessing realtime blood bank information[3].*

This research explores the design and functionality of the Swastha App, assessing its potential to enhance patient experience, streamline administrative workflows, and improve healthcare delivery. The app's ability to address common challenges like medication access, appointment management, and urgent blood donations demonstrates its promise in transforming healthcare service delivery[1]. The study highlights how mobile technology can foster a more connected, efficient, and patient-centric healthcare ecosystem, providing valuable insights for future innovations in the mHealth domain.

I. INTRODUCTION

The healthcare industry faces significant challenges related to accessibility, efficiency, and communication between patients and providers. With the rise of mobile technologies, innovative solutions are emerging to address these issues. The Swastha App is a mobile healthcare platform that integrates four essential services: medical store access, doctor appointment scheduling, blood bank management, and secure QR login. By consolidating these services into one platform, Swastha aims to simplify healthcare management for users, making it more accessible and efficient.

This paper examines the development and functionality of the Swastha App, highlighting how it addresses key barriers in healthcare, such as medication access, appointment scheduling, and blood bank coordination.

The app's design offers a seamless user experience, providing convenience and security through its QR login feature[4]. This research explores the app's potential to improve healthcare accessibility, enhance communication, and streamline service delivery, contributing to a more connected and patient-centered healthcare system.

II. LITERATURE REVIEW

The integration of mobile technology into healthcare has become a pivotal area of research, aiming to improve accessibility, efficiency, and quality of care. Mobile health (mHealth) applications are widely recognized for their potential to bridge gaps in healthcare delivery by providing on-demand services such as medical consultations, medication management, and real-time health data access. Several studies highlight the benefits of mHealth applications in managing healthcare services. According to a review by Lupton (2013), mHealth apps can enhance patient engagement, reduce healthcare costs, and improve the quality of care by allowing for remote monitoring and easy access to medical services. Venkatesh *et al.* (2018) explored the growing adoption of telemedicine and doctor appointment scheduling applications, emphasizing how such systems streamline access to healthcare, reduce wait times, and optimize administrative tasks. Moreover,

Siciliano *et al.* (2021) highlighted the role of digital tools in improving blood bank management, facilitating better coordination between blood donors and recipients through mobile platforms[3].

Incorporating medical store functionality, Patel *et al.* (2019) found that mobile applications for medication management help patients track prescriptions, locate pharmacies, and ensure medication adherence. Additionally, Sethi *et al.* (2020) discussed the use of QR codes for secure authentication in healthcare apps, emphasizing their role in protecting patient privacy and ensuring seamless access to health services. Despite the promising benefits, studies also point to challenges in the adoption of mHealth solutions, including privacy concerns, user trust, and the digital divide. Smith *et al.* (2022) suggested that while the convenience of mHealth apps is widely acknowledged, issues such as data security, regulatory hurdles, and user engagement remain significant integrating diverse healthcare services into a single mobile platform, as seen in the Swastha App. By combining medical store access, doctor appointment scheduling, blood bank integration, and QR login functionality, Swastha addresses these challenges and aims to contribute to a more efficient, accessible, and secure healthcare ecosystem.

III. PROPOSED WORK

The proposed work focuses on the development and evaluation of the Swastha App, an integrated mobile healthcare platform designed to enhance accessibility, streamline service delivery, and improve the overall user experience. The app will combine key services such as medical store access, doctor appointment scheduling, blood bank integration, and secure QR login[5].

The medical store feature will allow users to easily browse and order medications from local pharmacies. This service will enable users to select medications based on prescriptions, view product details, and track deliveries in real-time, ensuring easy access to necessary healthcare products.

For doctor appointment scheduling, the app will facilitate booking appointments with registered doctors for both inperson and teleconsultation options. Users will be able to view doctor availability, schedule appointments, and receive reminders, streamlining the process of obtaining timely medical consultations.

The blood bank integration will connect users to regional blood banks, providing real-time information on blood availability[1]. It will allow users to donate or request blood, as well as receive notifications regarding critical shortages. The app will also help coordinate blood donations by connecting nearby donors with recipients in need.

A secure QR-based login system will ensure user privacy and facilitate quick access to personalized healthcare services[4]. This feature aims to provide a secure, userfriendly authentication process, eliminating the need for manual login methods and enhancing convenience. The development process will focus on integrating these features into a seamless platform. Testing and feedback from users will be collected to assess the app's functionality, usability, and impact on improving healthcare accessibility. Additionally, the research will examine challenges related to data security, user adoption, and scalability. Ultimately, the proposed work aims to evaluate the potential of the Swastha App in transforming healthcare systems by offering a more connected, efficient, and patient-centered solution.

IV. ARCHITECTURE

The architecture of the Swastha App integrates key services—medical store access, doctor appointment scheduling, blood bank integration, secure QR login, and a chatbot—while focusing on security, scalability, and user experience[4]. The user interface (UI) is designed to be intuitive and responsive, enabling users to easily interact with all the app's services, including browsing medications, booking doctor appointments, accessing blood bank information, and using the chatbot for real-time assistance[7]. The QR login feature ensures secure and seamless user authentication[5]. The backend server handles data processing, managing user profiles, transactions, and real-time communication with external services. It coordinates appointments, medical orders, blood bank data, and chatbot interactions[6]. A relational database stores user data, transaction history, and real-time information from blood banks, ensuring quick data retrieval. External APIs are integrated for medical store functionalities, doctor appointment scheduling, and blood bank data. The chatbot interacts with users to provide support, answer healthcare-related queries, and assist with navigation across the app. Security is a priority, with encrypted data transmission and storage, as well as secure authentication protocols for privacy protection. This modular architecture is designed for scalability, enabling future feature additions and enhancement.

V. IMPLEMENTATION TOOLS

The development of the Swastha App involves using a variety of tools and technologies to ensure a seamless, scalable, and secure healthcare solution. The following implementation tools are utilized for the different components of the app:

- 1) Frontend Development: The user interface is built using React Native for mobile app development, providing a cross-platform solution for both Android and iOS. React Native ensures a responsive and smooth user experience, enabling easy access to the app's services across devices
- 2) Backend Development The backend is developed using Hono with LowDB for building scalable and efficient APIs. Python is also considered for integrating the chatbot feature, leveraging its rich libraries for natural language processing (NLP) like spaCy and TensorFlow. This backend ensures secure handling of data and communication with external services.
- 3) Database: MySQL or LowDB is used for storing user information, transaction data, and real-time blood bank data. LowDB is preferred for its flexibility in handling unstructured data, while MySQL offers robustness for structured data.
- 4) External APIs: APIs for medical store integration, doctor appointment scheduling, and blood bank data are implemented using RESTful API design principles. These APIs allow the app to connect with external systems and provide real time data to users.
- 5) Chatbot Development: The chatbot is developed using Dialogflow or Rasa for natural language processing and conversation management. These platforms enable the chatbot to understand and respond to user queries efficiently. For machine learning models, TensorFlow or PyTorch can be used for training the chatbot to enhance its capabilities over time.

- 6) QR Code Authentication: The QR-based login system is implemented using QR Code Generator libraries for secure and quick authentication. The QR codes are dynamically generated for each user, ensuring unique access each time.
- 7) Security Tools: For secure data transmission, HTTPS protocols with SSL/TLS encryption are used. Additionally, OAuth 2.0 is implemented for secure authentication, ensuring safe user login and data access.
- 8) Cloud Hosting and Deployment: The app's backend is hosted on AWS (Amazon Web Services) or Google Cloud Platform (GCP), ensuring high availability, scalability, and security. These cloud services also offer managed databases, ensuring smooth data storage and retrieval.
- 9) Version Control and Collaboration: Git and GitHub are used for version control, enabling efficient team collaboration and management of code changes throughout the development process.

VI. FUTURE SCOPE

The Swastha App has potential for growth with the integration of AI and machine learning to offer personalized health recommendations through the chatbot, enhancing user engagement. Expanding telemedicine features like video consultations and remote monitoring would improve healthcare access, especially for users in remote areas.

Integration with wearable devices for real-time health tracking would allow better monitoring of vital metrics. The medical store feature could include medication reminders and prescription refills, while data analytics could provide insights for more personalized care. Future developments also include international expansion with multi-language support and secure data management through blockchain technology. Community features like health forums could foster a supportive user environment. These enhancements would make Swastha App a more comprehensive and accessible healthcare solution.

VII. CONCLUSION

The Swastha App presents a comprehensive solution to modernize healthcare delivery, integrating essential services such as medical store access, doctor appointment scheduling, blood bank integration, and a secure QR login. By incorporating a chatbot for real-time assistance, the app offers personalized, user-centered healthcare experiences, enhancing accessibility and efficiency. The use of advanced technologies such as AI, machine learning, and secure data management ensures that users receive tailored care while maintaining privacy and security.

The app's modular design and scalable architecture allow for continuous improvement and future feature integration, including telemedicine, wearable device synchronization, and advanced analytics. With the potential for international expansion and the incorporation of blockchain for enhanced security, the Swastha App is positioned to transform the healthcare landscape, providing users with a reliable, efficient, and accessible healthcare solution. Through ongoing development and adaptation to emerging technologies, the Swastha App aims to become a leading platform in healthcare, empowering individuals to manage their health with greater ease and confidence.

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