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## Certificate

*It is here by certified that the paper ID : IJRASET37317, entitled*

*The Effect of Pursed - Lip Breathing Exercise Vs Diaphragmatic Breathing in  
Stabilizing the Vitals after 6-MWT among Overweight Individuals*

*by*

*Dr. Jaya Chandra*

*after review is found suitable and has been published in*

*Volume 9, Issue VIII, August 2021*

*in*

*International Journal for Research in Applied Science &  
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*(International Peer Reviewed and Refereed Journal)*

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